

Disks of Stars in the Galactic Center Triggered by Tidal Disruption Events

Rosalba Perna^{1,2} and Evgeni Grishin^{3,4}

¹ Department of Physics and Astronomy, Stony Brook University, Stony Brook, NY 11794-3800, USA; rosalba.perna@stonybrook.edu

Center for Computational Astrophysics, Flatiron Institute, New York, NY 10010, USA

³ School of Physics and Astronomy, Monash University, Clayton, VIC 3800, Australia

⁴ OzGrav: Australian Research Council Centre of Excellence for Gravitational Wave Discovery, Clayton, VIC 3800, Australia Received 2022 August 27; revised 2022 September 23; accepted 2022 October 11; published 2022 October 31

Abstract

In addition to a supermassive black hole (SMBH), the central parsec of the Milky Way hosts over 100 massive, high-velocity young stars whose existence, and organization of a subset of them in one, or possibly two, misaligned disks, is puzzling. Due to a combination of low medium density and strong tidal forces in the vicinity of Sgr A^{*}, stars are not expected to form. Here we propose a novel scenario for their in situ formation: a jetted tidal disruption event (TDE) from an older wandering star triggers an episode of positive feedback of star formation in the plane perpendicular to the jet, as demonstrated via numerical simulations in the context of jet-induced feedback in galactic outflows. An overpressured cocoon surrounding the jet shock-compresses clumps to densities high enough to resist the SMBH tidal field. The TDE rate of $10^{-5}-10^{-4}$ yr⁻¹ per galaxy, out of which a few percent of events are jetted, implies a jetted TDE event per galaxy to occur every few million years. This timescale is interestingly of the same order of the age of the disk stars. The mass function predicted by our mechanism is top heavy. Additionally, since TDEs are isotropic, our model predicts a random orientation for the disk of stars with respect to the plane of the galaxy and, due to the relatively high TDE rate, can account for multiple disks of stars with uncorrelated orientations.

Unified Astronomy Thesaurus concepts: Supermassive black holes (1663); Tidal disruption (1696); Star formation (1569)

1. Introduction

The central region of the Milky Way has been the subject of considerable investigation for several decades. In addition to a supermassive black hole (SMBH) of about $4 \times 10^6 M_{\odot}$ (Eckart & Genzel 1996; Boehle et al. 2016), the central parsec region hosts over 100 young massive stars whose existence and formation channels are puzzling (Genzel et al. 2003; Levin & Beloborodov 2003; Perets et al. 2009), and whose organization in one (Levin & Beloborodov 2003), or possibly two, misaligned disks with respect to the galactic plane (e.g., Paumard et al. 2006; Bartko et al. 2009; von Fellenberg et al. 2022) is also of an unclear nature.

Several models have been proposed to explain the properties of these disk stars, from in situ formation, to circular migration, to formation from a collapsing molecular cloud (see Section 2.2). However, no model has been able to naturally explain all the main features.

Here we propose a novel idea that can not only explain the formation of the young stars in the close proximity of Sgr A^* , but it also naturally predicts a clustering in a disk-like structure of random orientation with respect to the plane of the Galaxy, as well as the presence of multiple disks of different orientations with respect to one another.

Tidal disruption events (TDEs) occur when a star wanders too close to the SMBH. The inferred observed TDE rates are of the order of $\sim 10^{-5} - 10^{-4} \text{ yr}^{-1}$ per galaxy (e.g., Gezari et al. 2008), and are broadly consistent with theoretical estimates (e.g., Stone & Metzger 2016).

Original content from this work may be used under the terms of the Creative Commons Attribution 4.0 licence. Any further distribution of this work must maintain attribution to the author(s) and the title of the work, journal citation and DOI. Among the several dozens of observed TDEs to date, only a handful of them displays evidence for the presence of a jet (van Velzen et al. 2013, 2016), hence making the typical rate per galaxy of jetted TDEs to be on the order of 10^{-7} – 10^{-6} yr⁻¹.

The feedback effect of jets and, more generally, of conical outflows on their surrounding environment, and in particular on star formation, has been investigated by a number of authors (Begelman & Cioffi 1989; Silk 2005; Gaibler et al. 2011, 2012; Nayakshin & Zubovas 2012; Zubovas et al. 2014; Bieri et al. 2015, 2016; Zubovas 2019). Of particular interest to this work, the numerical simulations by Gaibler et al. (2011; in the context of active galactic nucleus (AGN) feedback) showed that compression in the plane perpendicular to the jet leads to enhanced star formation in a disk-like structure.

Here we propose that such a mechanism may have operated in the vicinity of Sgr A*, where the jet is due to a TDE. Multiple episodes of TDEs can lead to multiple disks in randomly oriented directions. We develop our idea in more detail as follows. Section 2 describes the observational properties of the two disks of stars and provides a summary of the main models proposed to explain them. The general properties of TDEs, both from theory and observations, are summarized in Section 3. We discuss the application of the jetinduced star formation mechanism to the Galactic center in Section 4. We summarize our ideas and findings in Section 5.

2. Dynamics of the Young Stars in the Galactic Center

2.1. Observations of the Young Stellar Populations

The dynamics of the young star cluster in the near vicinity of Sgr A^* had been studied for over two decades. An investigation by Genzel et al. (2000) revealed that most of the stars move clockwise. A follow-up analysis by Levin & Beloborodov (2003)

of a sample of 13 stars within 0.4 pc from the Galactic center further revealed a puzzling feature: 10 of them lie within a thin disk inclined with respect to the galactic plane. The presence of a second disk with additional young stars and a different orientation was later suggested (Genzel et al. 2003).

A detailed spectroscopic analysis by Paumard et al. (2006) confirmed the presence of the two disks, both misaligned with respect to the Galactic plane and with an average aspect ratio between the scale height and the radius of $|h|/R \simeq 0.14$. The clockwise system, consistent with the one originally discovered by Levin & Beloborodov (2003), was further populated with the identification of 36 stars at a distance of ~0.04–0.08 pc. Another counterclockwise system, less populated with 12 stars, was identified at larger distances, with an outer radius of about 0.5 pc.

A proper motion analysis, based on 11 yr of data from the Keck telescope, was later performed by Lu et al. (2009). For their primary sample comprising a cluster of 32 young stars within 0.14 pc, they confirmed the motion within a disk at a high inclination rotating in a clockwise sense. Their data, however, did not reveal a significant presence for a second disk.

More recently, a detailed analysis of the central star cluster was presented by von Fellenberg et al. (2022), who identified several kinematic features. While two of them were identified as the previously reported clockwise and counterclockwise disks, two other prominent overdensities in angular momentum were reported. If further analysis of these features reveals new disk structures, it will be very interesting for the proposed formation mechanism. In the following subsection we will review previous models proposed to explain disk-like star systems in the SMBH vicinity.

2.2. Possible Origins of the Disk Stellar Populations

The observations of the two disks of stars require two separate episodes of star formation, which are however allowed to be separated by $\simeq 1$ Myr from each other (Paumard et al. 2006). Several models have been suggested for the origin of these disk stars, and generally divided into two broad classes: in situ formation, or migration after formation in a far away cluster.

In situ formation could be challenging due to the strong tidal forces, but tidal disruption of a molecular cloud could form a thin accretion disk of around $10^5 M_{\odot}$, which later fragments due to its own self-gravity (Genzel et al. 2003; Levin & Beloborodov 2003; Nayakshin & Cuadra 2005; Paumard et al. 2006; Nayakshin et al. 2007; Bonnell & Rice 2008). Hydrodynamical simulations of cloud–cloud collisions also reproduce some of the observed features (Hobbs & Nayakshin 2009).

An alternative possibility is the inspiraling cluster scenario (Gerhard 2001; Kim & Morris 2003; McMillan & Portegies Zwart 2003; Portegies Zwart et al. 2003; Gürkan & Rasio 2005), according to which stars formed in a massive cluster located far enough away to escape tidal disruption, and then they migrate inward due to dynamical mechanisms.

Regardless of the formation mechanism, a plethora of dynamical mechanisms has been invoked to explain the unique orbital configurations of the disk stars and, more generally, the central young star cluster (see, e.g., Alexander 2017 for a recent review and references).

3. Tidal Disruption Events

Tidal disruption events result from close approaches of stars to a BH. If a star of mass M_* and radius R_* approach a BH of mass $M_{\rm BH}$, it will be tidally torn apart if it gets close enough to the BH that its self-gravity is overcome by the BH's tidal force. The distance at which the two forces are comparable is the tidal radius, $R_t \approx (M_{\rm BH}/M_*)^{1/3}R_*$. After the disruption, about half of the stellar debris become unbound, while the other half returns to the BH and accretes at high rates. The accretion rate has a peak followed by a decline in time roughly as $\sim t^{-5/3}$ (Rees 1988). Of special interest to the idea proposed in this work are the rates of these events, the typical energy released in each event, and the fact that a subset of TDEs displays evidence for jetted emission with inferred jet sizes comparable with the distance scale of the disks of stars around Sgr A^{*}.

The inferred TDE rates are of the order of $\sim 10^{-5}-10^{-4}$ yr⁻¹ per galaxy (e.g., Donley et al. 2002; Gezari et al. 2008; van Velzen & Farrar 2014), which matches theoretical modeling of nuclear clusters dynamics (Magorrian & Tremaine 1999; Wang & Merritt 2004; Bar-Or & Alexander 2016). The rates further display a dependence on the SMBH mass, being more prominent around lower-mass SMBHs (Stone & Metzger 2016; Broggi et al. 2022).

Fits to 14 well-monitored TDE light curves by Mockler & Ramirez-Ruiz (2021) yielded bolometric radiative energies varying between ~a few × 10⁵⁰–10⁵³ ergs. In most cases the radiative energy was found to fall short of the expectations for accretion of half a solar mass of material, perhaps due to the fact that a large fraction of the rest-mass energy is carried away by outflows (Metzger & Stone 2016). The amount of rest-mass energy that is converted into jet power depends on the properties of the accretion flow, and in particular on its accretion rate onto the SMBH. The calculations by Piran et al. (2015) for SMBHs of mass in the range ~10⁶–10⁷ M_{\odot} and spin parameter $a \gtrsim 0.3$ find that the jet power is $\gtrsim 10^{45}$ erg s⁻¹ up to timescales of several hundreds of days. Interestingly, note that recent observations with the Event Horizon Telescope suggest a spin a > 0.5 for Sgr A* (Akiyama et al. 2022).

Given the typical TDE rates of $10^{-4}-10^{-5}$ yr⁻¹ and the few percent of jetted TDEs (van Velzen et al. 2016), we can conservatively estimate that 1% of TDEs produce jets, which leads to jetted TDEs around Sgr A^{*} of ~0.1–1 per million years. This is an especially interesting rate for our proposed model.

The physical scale out to which a TDE jet can potentially trigger star formation is clearly connected to the length scale of the jet. Detailed radio observations of a few well-monitored events has allowed such estimates to be made. Under the assumption of energy equipartition (as for gamma-ray burst jets), Alexander et al. (2016) found that the jet had reached a distance of about 0.03 pc at the latest observation time of 381 days. The outflow from a candidate TDE reported by Somalwar et al. (2022) had an estimated radius of ~ 0.7 pc. A comparable or larger scale was estimated in the case of TDE AT2018hyz, where a delayed outflow was observed, and its analysis (under the assumption of jetted emission) led to derive a jet radial extent of parsec scale (Cendes et al. 2022). Particularly interesting is the transient Arp 299-B AT1, where the jet is resolved in radio images, hence directly yielding a scale measurement, which, after a few years, reaches $\sim 1 \text{ pc}$ (Mattila et al. 2018).

4. Connecting TDEs to Star Formation around Sgr A^{*}

4.1. Jet-induced Star Formation

Feedback on star formation has been shown to operate as a result of a variety of explosive events. Particularly important is the role of supernova shocks, which are shown to trigger and enhance star formation (e.g., Chiaki et al. 2013). Jets from AGNs and, more generally, galactic outflows are also believed to enhance star formation. In fact, observational evidence of star formation is present in galactic outflows (Maiolino et al. 2017), and a link between jets and star formation is also suggested by a high occurrence of young stars in compact radio sources (Dicken et al. 2012).

Several theoretical and numerical studies in the context of galactic outflows and AGNs support the observations. Common findings are that jets and outflows trigger star formation on a very short timescale by overpressuring gas clouds (Begelman & Cioffi 1989; Silk 2005; Gaibler et al. 2011, 2012; Nayakshin & Zubovas 2012; Zubovas et al. 2014). On the other hand, feedback of TDEs on star formation has received much less attention, despite the fact that the effect of recent star formation on the enhancements of TDE rates has been linked in poststarburst galaxies (Hinkle et al. 2021; Bortolas 2022). Zubovas (2019) studied the properties of outflows driven by TDE-powered AGNs in dwarf galaxies, and found that these outflows may have significant influence on their host galaxies. Similarly to the other studies in galactic context, this work found that the outflowing gas, with its large pressure, can compress denser clumps of the ISM and enhance star formation in the plane perpendicular to the jet.

4.2. Star Formation from Clouds Overpressurized by a TDE Jet Cocoon

The formation of stars within a small region from the central SMBH requires densities high enough that the clumps are not tidally disrupted (Phinney 1989). The Roche limit for a cloud of density ρ at a distance *r* from the SMBH is (see, e.g., Sanders 1998)

$$\rho > 1.5 \times 10^{-13} \left(\frac{M_{\text{SMBH}}}{10^6 M_{\odot}} \right) \left(\frac{0.1 \text{ pc}}{r} \right)^3 \text{ g cm}^{-3}.$$
(1)

Here we follow the original suggestion by Begelman & Cioffi (1989) that jets surrounded by cocoons expand sideways and shock-compress gas, triggering star formation from overpressured clumps. Their original analysis is applied to the intergalactic medium (IGM) and to observations of Cygnus A, where both the bow-shock head and the overpressurized cocoon are observed in radio. We will rescale the jet to Galactic sizes and interstellar medium (ISM), which will result in much larger pressures, both for the cocoon and the ISM.

Consider a relativistic jet of velocity $v_j \approx c$, surrounded by a cocoon. The edge of the cocoon carves into the ISM with velocity v_b . The observed hot spots and bow shocks of radio sources (e.g., Carilli et al. 1988) suggest that the hot-spot area under the bow shock, A_b , is substantially smaller than the cocoon's cross-sectional area, A_c . Figure 1 depicts a sketch of the jet geometry. The hot-spot velocity is derived by balancing the jet thrust L_j/v_j and the ISM ram pressure force $\rho_a v_b^2 A_b$, where L_i is the jet power and ρ_a is the ISM density, yielding



Figure 1. Sketch of the jet/cocoon system, as the overpressured cocoon engulfs gas clouds.

(Begelman & Cioffi 1989)

$$v_b = \left(\frac{L_j}{\rho_a v_j^3 A_b}\right)^{1/2} v_j.$$
⁽²⁾

Begelman & Cioffi (1989) treat v_b as a free parameter and take A_b and A_c from observations of Cygnus A. Here we will adopt a value of the ratio w_c/l_c between the cocoon width and length in the range of $\sim 1/2-1/6$ as estimated for Cygnus A (Begelman & Cioffi 1989), and a jet length on the order of a fraction of parsec as measured for a few TDE jets (see references in the last paragraph of Section 3). This allows us to estimate the cocoon cross-sectional area A_c .

The condition $v_b \leq v_j \sim c$ leads to a lower limit for the bowshock cross section:

$$A_b \gtrsim \frac{L_j}{\rho_a v_j^3} \equiv A_{b,\text{lim}} = 3.9 \cdot 10^{-4} L_{45} \, \rho_{-20}^{-1} \, \text{pc}^2.$$
 (3)

Here the jet power is normalized to $L_{45} = L_j/10^{45} \text{ erg s}^{-1}$ and the ISM density to $\rho_{-20} = \rho_a/10^{-20} \text{ g cm}^{-3}$. For a cocoon length $l_c = 0.5 \text{ pc}$ and width $w_c \sim l_c/6 \sim 0.083$

For a cocoon length $l_c = 0.5$ pc and width $w_c \sim l_c/6 \sim 0.083$ pc, the cross-sectional area of the orthogonal expansion is $A_c = \pi w_c^2 = 0.02 \text{ pc}^2 \gg A_b$. The cocoon expands transversally to the jet direction, with a velocity

$$v_c \sim \frac{\sqrt{A_c}}{t},$$
 (4)

where the timescale evolution of the cocoon is given by (Begelman & Cioffi 1989)

$$t \sim \left(\frac{\rho_a}{L_j v_j A_b}\right)^{1/4} A_c. \tag{5}$$

Finally, the pressure inside the cocoon can be estimated as

$$p_c \sim \rho_a v_c^2 \sim \rho_a \frac{A_c}{t^2} \sim \rho_a^{1/2} L_j^{1/2} v_j^{1/2} A_b^{1/2} A_c^{-1}.$$
 (6)

Numerically evaluating this expression with $v_j \sim c$, $A_{c,0.02} = A_c/(0.02 \text{ pc}^2)$ and $A_b = A_{b,\text{lim}}$, we obtain

$$p_c \gtrsim 0.17 \ \rho_{-20}^{1/2} \ L_{45}^{1/2} \ A_{c,0.02}^{-1} \ A_{b,\text{lim}}^{1/2} \ \text{dyn cm}^{-2}.$$
 (7)

The cocoon pressure needs to be compared with the pressure inside the cloud, which is in equilibrium with the ISM at $p_a \sim \rho_a c_s^2$. For a temperature $T = 10^3$ K and atomic hydrogen composition, the sound speed is $c_s \sim 3 \text{ km s}^{-1}$, yielding $p_a \sim 10^{-9}$ dyn cm⁻². After the shock passes through the cloud, the pressure changes from p_a to $p_c \gg p_a$. The shocked clump can cool efficiently if the cooling timescale is shorter than the travel time of the shock through the clump. As a rough estimate of the conditions in our problem, we use the cooling function of postshocked gas by Sgro (1975), yielding the ratio for the cooling time to shock travel time

$$R = 4.6 \times 10^{-12} \alpha^{2.5} \left(\frac{n_a}{n_{cl}}\right)^{3.5} \times \left(\frac{v_c}{\text{km s}^{-1}}\right)^5 \left(\frac{n_a}{\text{cm}^{-3}}\right)^{-1} \left(\frac{d}{\text{pc}}\right)^{-1}, \quad (8)$$

where n_a and n_{cl} are respectively the number densities of the ambient medium and of the preshocked clump, d is the clump size, v_c is the shock velocity, and α is a numerical factor dependent on the density ratio (varying between 1 and 4.4 as the density contrast n_{cl}/n_a varies between 1 and 100). As a representative example, let us consider a jet of luminosity $L_{45} = 0.7$ expanding in an ambient medium of density $n_a = 10^3$ cm⁻³, and a clump size of ~0.04 pc. Then we find $R \lesssim 1$ for a clump density⁵ $n_{cl} \gtrsim 5 \times 10^6$ cm⁻³ (corresponding to a clump of mass $\gtrsim 40 M_{\odot}$). Under these conditions the shock is radiative,⁶ and the density in the cloud increases by the ratio $p_c/p_a \sim 10^8$, while its Jeans mass is reduced by a factor $(p_a/p_c)^{1/2}$. The jump in density by ~8 orders of magnitude prevents the cloud from tidal disruption as it collapses to become a star. Note that this mechanism tends to favor the formation of more massive stars, hence a top-heavy star population. Additionally, as shocks also impart a kick to the shocked clumps (e.g., Sgro 1975), the newly formed stars may acquire eccentricity in their orbits.

Last, we note that, while jets enhance star formation in the plane perpendicular to their direction, as discussed above, on the other hand they suppress it along them, further contributing to a disk-like star clustering. In fact, the strong soft X-ray/UV flux from the jet heats up and ionizes the ISM in conical regions centered along the jet axis. For a nominal UV energy of $E_{\text{TDE}} = 10^{50} E_{50}$ erg, a number of ionizing photons $N_{\text{ph}} \sim E_{\text{TDE}}/h\nu_{\text{ion}} \sim 4.6 \times 10^{60} E_{50}$ (using a photoionization energy of 13.6 eV) will ionize a conical region up to a distance $D_{\text{ion}} \approx 5.6 (n_a/10^3 \text{cm}^{-3})^{-1/3} \tan \theta_{\text{jet,45}}^{-2/3} E_{50}$ pc, where

 $\theta_{\text{jet},45} = \theta_{\text{jet}}/45^{\circ}$ is a conservative value for the angular size of the ionizing source (since jets are likely to be smaller in angular size). Heating of the gas raises the Jeans mass for star formation, while at the same time further preventing cooling of the clouds.⁷ Above a temperature of ~10⁴ K, where hydrogen becomes ionized, the opacity becomes very high, hence effectively preventing cooling in the full cone. On the other

hand, in the plane compressed by the jet cocoon, star formation would occur in the opacity gap $\sim 2000-10^4$ K where compressed gas is able to cool on a timescale shorter than the dynamical time (see discussion in Zhu et al. 2009 and Nayakshin & Zubovas 2018). These colder, shock-compressed clumps would form the starting point for each disk of stars.

Hence, to summarize, a TDE jet is expected to suppress star formation in a conical region around its axis due to its strong ionization/heating flux, while at the same time triggering it in the perpendicular plane due to the high cocoon pressure that shock-compresses ISM clouds above their Roche limit for tidal disruption by the SMBH. We remark, however, that a quantitative prediction of the thickness of the disk of stars formed via this mechanism can only be made via numerical simulations of the process, accounting both for the heating radiation from the jet, as well as for the velocity distribution of the laterally expanding cocoon.

Since TDEs are isotropic, the disk-like region of compressed material has a high chance of being misaligned with the galactic disk. For the same reason, multiple (jetted) TDEs would lead to enhanced star formation in disks with different orientations from one another. Additionally, we note that for a nominal rate of jetted TDEs of one every few Myr as suggested by current observations (but obviously with the expectation of a stochastic distribution in time), the prediction of our model is that the two most prominent disks would be naturally associated with the last two jetted TDEs. Since our scenario favors a top-heavy mass function, disk stars from earlier TDEs triggering episodes are expected to quickly disappear due to the short lifetime of massive stars (for a star of ~30 M_{\odot} the lifetime is about 2 Myr).

5. Summary

The two misaligned disks of young stars at subparsec scales around Sgr A^{*} are of unclear origin. Here we made a novel proposal for their formation, as star-forming burst events triggered by TDEs by the SMBH Sgr A^{*} itself. There are several attractive features of this idea, which we have discussed and summarize below:

- 1. Jet-induced star formation has been observed on a galactic scale, and this positive feedback has been confirmed by numerical simulations.
- 2. TDE rates are estimated to be on the order of $10^{-5} 10^{-4}$ yr⁻¹, and jetted TDEs are likely to be a percent fraction of them, hence making the jetted TDE rate $\sim 10^{-7} 10^{-6}$ yr⁻¹.
- 3. The young star population has an age estimated between 1 and 10 Myr, hence compatible with the rate of jetted TDEs.
- Observations of TDE outflows have revealed a radial extension up to parsec scale, hence comparable to the size of the observed two disks of young stars.

⁵ Overdensities of this order of magnitude have been observed in the close environment of Sgr A* also at the current time (e.g., Yusef-Zadeh et al. 2017).
⁶ If the shock is not radiative, the same general ideas still apply, but the compression factor will be smaller and hence the star formation efficiency will be reduced.

 $[\]frac{7}{7}$ This additional suppression will however last on the order of the cooling time $t_{\rm cool} \sim 100(T/10^5 {\rm K}) n_3^{-1}$ yr (assuming optically thin gas).

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- 5. TDEs emit a large output of ionizing radiation; jetted TDEs will heat up and ionize the medium along cones of ISM, hence suppressing star formation in those regions.
- 6. With analogy to jets studied in galactic outflows, TDEs jets are expected to enhance star formation in a plane perpendicular to the jet, due to the enhanced pressure of the jet on the ISM. The cocoon surrounding a TDE jet can be overpressured compared to the ISM pressure by \sim 7–8 orders of magnitudes. Clumps can be extremely shock-compressed by the jet cocoon, and hence resist tidal disruption in the close Sgr A* vicinity, thus collapsing to form stars. A star population produced via our proposed mechanism is predicted to be top heavy.
- 7. TDEs are randomly oriented with respect to the plane of the galaxy; hence, the disk (or disks) of TDE-induced stars is most likely going to be misaligned with respect to the plane of the galaxy.

The idea proposed here, while compelling for the reasons described above, will need to be tested and quantified via detailed numerical simulations, and we hope that our work will serve as a motivation in this direction. While we have focused our study to the special case of our Galactic center, TDE feedback on the ISM is a problem that concerns pretty much every galaxy. In fact, while in a typical galaxy the rate of TDEs is smaller than that of other explosive phenomena like supernovae, the fact that TDEs always occur at the same location in the very center of a galaxy⁸ around its SMBH makes TDE feedback potentially important in self-regulating star formation and hence the TDE rate itself. Since TDEs are more prominent around lower-mass SMBHs, our TDE feedback on star formation in the innermost regions can potentially be relevant also to intermediate-mass BHs in globular clusters.

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ORCID iDs

Rosalba Perna lhttps://orcid.org/0000-0002-3635-5677 Evgeni Grishin lhttps://orcid.org/0000-0001-7113-723X

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⁸ TDEs can also occur due to random encounters between stars and stellarmass black holes; however, these will be at varying locations.